5.1 AREAS AND DISTANCES

■ Now is a good time to read (or reread) *A Preview of Calculus* (see page 2). It discusses the unifying ideas of calculus and helps put in perspective where we have been and where we are going.

In this section we discover that in trying to find the area under a curve or the distance traveled by a car, we end up with the same special type of limit.

THE AREA PROBLEM

We begin by attempting to solve the *area problem:* Find the area of the region S that lies under the curve $y = f(x)$ from a to b. This means that S, illustrated in Figure 1, is bounded by the graph of a continuous function f [where $f(x) \geqslant 0$], the vertical lines $x = a$ and $x = b$, and the x-axis.

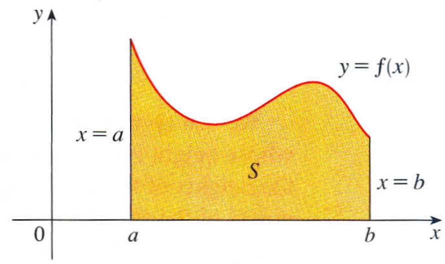

FIGURE 1
$S = \{(x, y) \mid a \leqslant x \leqslant b, 0 \leqslant y \leqslant f(x)\}$

In trying to solve the area problem we have to ask ourselves: What is the meaning of the word *area*? This question is easy to answer for regions with straight sides. For a rectangle, the area is defined as the product of the length and the width. The area of a triangle is half the base times the height. The area of a polygon is found by dividing it into triangles (as in Figure 2) and adding the areas of the triangles.

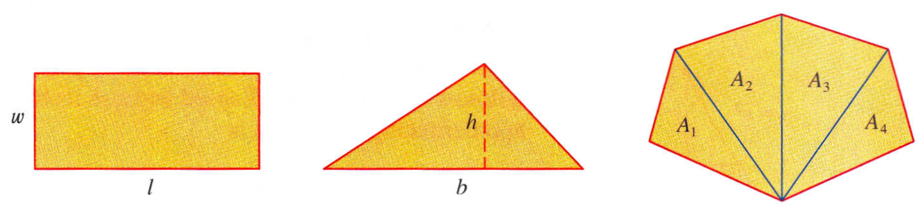

FIGURE 2 $A = lw$ $\quad A = \frac{1}{2}bh \quad A = A_1 + A_2 + A_3 + A_4$

However, it isn't so easy to find the area of a region with curved sides. We all have an intuitive idea of what the area of a region is. But part of the area problem is to make this intuitive idea precise by giving an exact definition of area.

Recall that in defining a tangent we first approximated the slope of the tangent line by slopes of secant lines and then we took the limit of these approximations. We pursue a similar idea for areas. We first approximate the region S by rectangles and then we take the limit of the areas of these rectangles as we increase the number of rectangles. The following example illustrates the procedure.

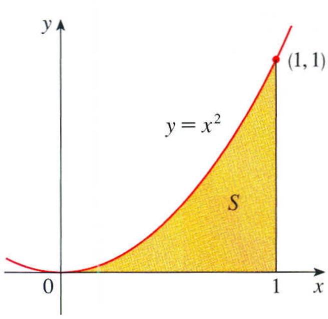

FIGURE 3

EXAMPLE 1 Use rectangles to estimate the area under the parabola $y = x^2$ from 0 to 1 (the parabolic region S illustrated in Figure 3).

SOLUTION We first notice that the area of S must be somewhere between 0 and 1 because S is contained in a square with side length 1, but we can certainly do better than that.

CAS **25.** Find the exact area under the cosine curve $y = \cos x$ from $x = 0$ to $x = b$, where $0 \leqslant b \leqslant \pi/2$. (Use a computer algebra system both to evaluate the sum and compute the limit.) In particular, what is the area if $b = \pi/2$?

26. (a) Let A_n be the area of a polygon with n equal sides inscribed in a circle with radius r. By dividing the polygon into n congruent triangles with central angle $2\pi/n$, show that

$$A_n = \tfrac{1}{2}nr^2 \sin\left(\frac{2\pi}{n}\right)$$

(b) Show that $\lim_{n\to\infty} A_n = \pi r^2$. [*Hint:* Use Equation 3.4.2.]

5.2 THE DEFINITE INTEGRAL

We saw in Section 5.1 that a limit of the form

$$\boxed{1} \quad \lim_{n\to\infty} \sum_{i=1}^{n} f(x_i^*)\,\Delta x = \lim_{n\to\infty} [f(x_1^*)\,\Delta x + f(x_2^*)\,\Delta x + \cdots + f(x_n^*)\,\Delta x]$$

arises when we compute an area. We also saw that it arises when we try to find the distance traveled by an object. It turns out that this same type of limit occurs in a wide variety of situations even when f is not necessarily a positive function. In Chapters 6 and 9 we will see that limits of the form (1) also arise in finding lengths of curves, volumes of solids, centers of mass, force due to water pressure, and work, as well as other quantities. We therefore give this type of limit a special name and notation.

2 DEFINITION OF A DEFINITE INTEGRAL If f is a function defined for $a \leqslant x \leqslant b$, we divide the interval $[a, b]$ into n subintervals of equal width $\Delta x = (b - a)/n$. We let $x_0\ (= a), x_1, x_2, \ldots, x_n\ (= b)$ be the endpoints of these subintervals and we let $x_1^*, x_2^*, \ldots, x_n^*$ be any **sample points** in these subintervals, so x_i^* lies in the ith subinterval $[x_{i-1}, x_i]$. Then the **definite integral of f from a to b** is

$$\int_a^b f(x)\,dx = \lim_{n\to\infty} \sum_{i=1}^{n} f(x_i^*)\,\Delta x$$

provided that this limit exists. If it does exist, we say that f is **integrable** on $[a, b]$.

The precise meaning of the limit that defines the integral is as follows:

For every number $\varepsilon > 0$ there is an integer N such that

$$\left| \int_a^b f(x)\,dx - \sum_{i=1}^{n} f(x_i^*)\,\Delta x \right| < \varepsilon$$

for every integer $n > N$ and for every choice of x_i^* in $[x_{i-1}, x_i]$.

NOTE 1 The symbol $\int$ was introduced by Leibniz and is called an **integral sign**. It is an elongated S and was chosen because an integral is a limit of sums. In the notation $\int_a^b f(x)\,dx$, $f(x)$ is called the **integrand** and a and b are called the **limits of integration**; a is the **lower limit** and b is the **upper limit**. For now, the symbol dx has no meaning by itself; $\int_a^b f(x)\,dx$ is all one symbol. The dx simply indicates that the independent variable is x. The procedure of calculating an integral is called **integration**.

(b) Use the result of Exercise 28 in Section 5.2 to find an expression for $A(x)$.
(c) Find $A'(x)$. What do you notice?
(d) If $x \geqslant -1$ and h is a small positive number, then $A(x + h) - A(x)$ represents the area of a region. Describe and sketch the region.
(e) Draw a rectangle that approximates the region in part (d). By comparing the areas of these two regions, show that

$$\frac{A(x + h) - A(x)}{h} \approx 1 + x^2$$

(f) Use part (e) to give an intuitive explanation for the result of part (c).

3. (a) Draw the graph of the function $f(x) = \cos(x^2)$ in the viewing rectangle $[0, 2]$ by $[-1.25, 1.25]$.
(b) If we define a new function g by

$$g(x) = \int_0^x \cos(t^2)\, dt$$

then $g(x)$ is the area under the graph of f from 0 to x [until $f(x)$ becomes negative, at which point $g(x)$ becomes a difference of areas]. Use part (a) to determine the value of x at which $g(x)$ starts to decrease. [Unlike the integral in Problem 2, it is impossible to evaluate the integral defining g to obtain an explicit expression for $g(x)$.]
(c) Use the integration command on your calculator or computer to estimate $g(0.2)$, $g(0.4)$, $g(0.6), \ldots, g(1.8)$, $g(2)$. Then use these values to sketch a graph of g.
(d) Use your graph of g from part (c) to sketch the graph of g' using the interpretation of $g'(x)$ as the slope of a tangent line. How does the graph of g' compare with the graph of f?

4. Suppose f is a continuous function on the interval $[a, b]$ and we define a new function g by the equation

$$g(x) = \int_a^x f(t)\, dt$$

Based on your results in Problems 1–3, conjecture an expression for $g'(x)$.

5.3 THE FUNDAMENTAL THEOREM OF CALCULUS

The Fundamental Theorem of Calculus is appropriately named because it establishes a connection between the two branches of calculus: differential calculus and integral calculus. Differential calculus arose from the tangent problem, whereas integral calculus arose from a seemingly unrelated problem, the area problem. Newton's mentor at Cambridge, Isaac Barrow (1630–1677), discovered that these two problems are actually closely related. In fact, he realized that differentiation and integration are inverse processes. The Fundamental Theorem of Calculus gives the precise inverse relationship between the derivative and the integral. It was Newton and Leibniz who exploited this relationship and used it to develop calculus into a systematic mathematical method. In particular, they saw that the Fundamental Theorem enabled them to compute areas and integrals very easily without having to compute them as limits of sums as we did in Sections 5.1 and 5.2.

The first part of the Fundamental Theorem deals with functions defined by an equation of the form

1 $$g(x) = \int_a^x f(t)\, dt$$

where f is a continuous function on $[a, b]$ and x varies between a and b. Observe that g

5.4 INDEFINITE INTEGRALS AND THE NET CHANGE THEOREM

We saw in Section 5.3 that the second part of the Fundamental Theorem of Calculus provides a very powerful method for evaluating the definite integral of a function, assuming that we can find an antiderivative of the function. In this section we introduce a notation for antiderivatives, review the formulas for antiderivatives, and use them to evaluate definite integrals. We also reformulate FTC2 in a way that makes it easier to apply to science and engineering problems.

INDEFINITE INTEGRALS

Both parts of the Fundamental Theorem establish connections between antiderivatives and definite integrals. Part 1 says that if f is continuous, then $\int_a^x f(t)\,dt$ is an antiderivative of f. Part 2 says that $\int_a^b f(x)\,dx$ can be found by evaluating $F(b) - F(a)$, where F is an antiderivative of f.

We need a convenient notation for antiderivatives that makes them easy to work with. Because of the relation given by the Fundamental Theorem between antiderivatives and integrals, the notation $\int f(x)\,dx$ is traditionally used for an antiderivative of f and is called an **indefinite integral**. Thus

$$\int f(x)\,dx = F(x) \qquad \text{means} \qquad F'(x) = f(x)$$

For example, we can write

$$\int x^2\,dx = \frac{x^3}{3} + C \qquad \text{because} \qquad \frac{d}{dx}\left(\frac{x^3}{3} + C\right) = x^2$$

So we can regard an indefinite integral as representing an entire *family* of functions (one antiderivative for each value of the constant C).

⊘ You should distinguish carefully between definite and indefinite integrals. A definite integral $\int_a^b f(x)\,dx$ is a *number*, whereas an indefinite integral $\int f(x)\,dx$ is a *function* (or family of functions). The connection between them is given by Part 2 of the Fundamental Theorem. If f is continuous on $[a, b]$, then

$$\int_a^b f(x)\,dx = \int f(x)\,dx\Big]_a^b$$

The effectiveness of the Fundamental Theorem depends on having a supply of antiderivatives of functions. We therefore restate the Table of Antidifferentiation Formulas from Section 4.9, together with a few others, in the notation of indefinite integrals. Any formula can be verified by differentiating the function on the right side and obtaining the integrand. For instance

$$\int \sec^2 x\,dx = \tan x + C \qquad \text{because} \qquad \frac{d}{dx}(\tan x + C) = \sec^2 x$$

2. Carl Boyer, *The History of the Calculus and Its Conceptual Development* (New York: Dover, 1959), Chapter V.
3. C. H. Edwards, *The Historical Development of the Calculus* (New York: Springer-Verlag, 1979), Chapters 8 and 9.
4. Howard Eves, *An Introduction to the History of Mathematics,* 6th ed. (New York: Saunders, 1990), Chapter 11.
5. C. C. Gillispie, ed., *Dictionary of Scientific Biography* (New York: Scribner's, 1974). See the article on Leibniz by Joseph Hofmann in Volume VIII and the article on Newton by I. B. Cohen in Volume X.
6. Victor Katz, *A History of Mathematics: An Introduction* (New York: HarperCollins, 1993), Chapter 12.
7. Morris Kline, *Mathematical Thought from Ancient to Modern Times* (New York: Oxford University Press, 1972), Chapter 17.

Sourcebooks

1. John Fauvel and Jeremy Gray, eds., *The History of Mathematics: A Reader* (London: MacMillan Press, 1987), Chapters 12 and 13.
2. D. E. Smith, ed., *A Sourcebook in Mathematics* (New York: Dover, 1959), Chapter V.
3. D. J. Struik, ed., *A Sourcebook in Mathematics, 1200–1800* (Princeton, N.J.: Princeton University Press, 1969), Chapter V.

5.5 THE SUBSTITUTION RULE

Because of the Fundamental Theorem, it's important to be able to find antiderivatives. But our antidifferentiation formulas don't tell us how to evaluate integrals such as

1 $$\int 2x\sqrt{1+x^2}\,dx$$

To find this integral we use the problem-solving strategy of *introducing something extra.* Here the "something extra" is a new variable; we change from the variable x to a new variable u. Suppose that we let u be the quantity under the root sign in (1), $u = 1 + x^2$. Then the differential of u is $du = 2x\,dx$. Notice that if the dx in the notation for an integral were to be interpreted as a differential, then the differential $2x\,dx$ would occur in (1) and so, formally, without justifying our calculation, we could write

■ Differentials were defined in Section 3.9. If $u = f(x)$, then

$$du = f'(x)\,dx$$

2 $$\int 2x\sqrt{1+x^2}\,dx = \int \sqrt{1+x^2}\,2x\,dx = \int \sqrt{u}\,du$$

$$= \tfrac{2}{3}u^{3/2} + C = \tfrac{2}{3}(x^2+1)^{3/2} + C$$

But now we can check that we have the correct answer by using the Chain Rule to differentiate the final function of Equation 2:

$$\frac{d}{dx}\left[\tfrac{2}{3}(x^2+1)^{3/2} + C\right] = \tfrac{2}{3}\cdot\tfrac{3}{2}(x^2+1)^{1/2}\cdot 2x = 2x\sqrt{x^2+1}$$

In general, this method works whenever we have an integral that we can write in the form $\int f(g(x))\,g'(x)\,dx$. Observe that if $F' = f$, then

3 $$\int F'(g(x))\,g'(x)\,dx = F(g(x)) + C$$